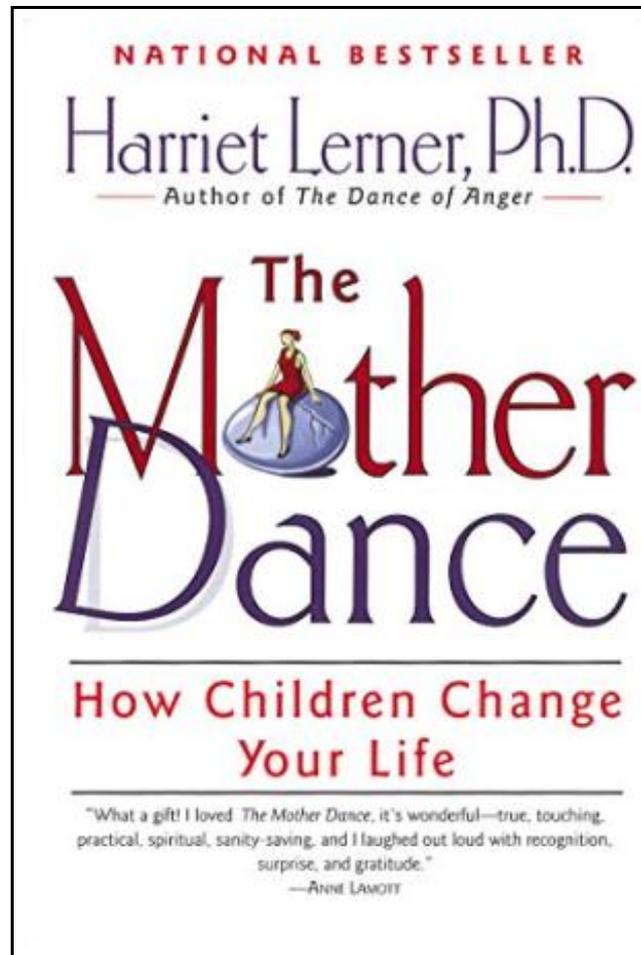


## The Mother Dance: How Children Change Your Life



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Harper Perennial, 1999. Trade paperback. Book Condition: New. New. No dust jacket as issued. Trade paperback (US). Glued binding. 317 p. Audience: General/trade. Book Description.a look at what mothering feels like from the inside, demonstrating how kids are the best teacher's of life's most profound spiritual lessons.includes personal tales and vivid case studies. Ingram Using her dual perspective as psychologist and parent, Dr. Lerner shines the spotlight on how a woman is changed when she becomes a mother--enlivened with personal tales and vivid case studies both hilarious and heart-wrenching. From the Author Being a mother comes as naturally to me as being an astronaut. Nor do I occupy any moral high ground when I help other mothers to achieve clarity, objectivity, and calm. When I started this book, I had one son in high school and another in college. I completed the project two years later from the vantage point of a newly empty nest. I've valued the opportunity to look back at my own complex experience of mothering, and I've not hesitated to share the best and worst of it. Your kids will make you love them in a way you never thought possible. They will also confront you will all the painful and unsavory emotions that we try so hard to avoid. Children will teach you about yourself, and about what it's like not to be up to the demands of the most important responsibility you'll ever have. When you become a mother, you learn that you are capable of deep compassion, and also that you're definitely not the nice, highly evolved person you fancied yourself to be before you became a mother. The novelist Fay Weldon puts it best. The greatest advantage of not having children must be that you can go on believing you are a...



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